We invite you to join us at our 2\textsuperscript{nd} Annual NIIM Symposium - an educational and highly informative event for integrative medicine practitioners, allied and complementary healthcare professionals, pharmacists, nurses, researchers, healthcare students and the public with an interest in this innovative field.

NIIM's commitment is to bring together leaders in this multi-disciplinary area of medicine, with a focus on presenting the latest evidence and how this works in practice.

This extensive program will review and discuss the diverse challenges and opportunities facing various streams of integrative medicine, therapies, treatments and innovative technologies.

Empower yourself with advanced knowledge and expertise combining complementary medicine approaches ethically, creatively and effectively with mainstream medicine.

**BENEFITS**

- Update your professional knowledge
- Access the latest evidence-based research
- Learn cutting-edge treatments and therapies
- Acquire new practical skills for direct application
- Engage in important, informative discussion
- Re-charge, re-focus and renew your energy

Enquiries: events@niim.com.au

National Institute of Integrative Medicine  
11-23 Burwood Rd  Hawthorn  Melbourne  VIC 3122  
Professor Avni Sali
MBBS  PhD  FRACG  FACM  Dip.Acup  Dip.Hypnotherapy
An Integrative GP, Michelle has a special interest in nutritional, environmental, and mind-body medicine. Medical director of Peninsula Holistic General Practice, Michelle co-founded the award winning integrative health program, 'The Good Doctors'. Her style of medicine is heavily based in science and biochemistry but used with intuition and mindfulness with an in-depth understanding of the underlying cause of diseases and underlying healing principles of the body both from an energetic, biochemical and structural level.

Dr Michelle Woolhouse
MBBS  FRACP  FACEM  Dip.Acup  Hypnotherapy
Dr Michelle Woolhouse is a former Head of Graduate School of Integrative Medicine, Swinburne University and the University of Melbourne Dept of Surgery, Heidelberg Hospital. Her expertise in prevention of cancer and difficult clinical problems. Prof Woolhouse is co-author of A Guide to Evidence-based Integrative and Complementary Medicine.

Dr Helena Popovic
MBBS
Dr Helena Popovic teaches leading businesses, interest groups and individuals the Neuroscience of Success. She is passionate about empowering people to be more in control. Stronger, Healthier and Happier and enabling them to discover that Slow Ageing is Possible Despite Fast Living.

Dr Michelle Wang
MBBS  MPhilMedSci
Whilst studying medicine in China, Michelle developed a special interest in cancer cell biology and biochemistry. She pursued involvement in a cancer bioinformatics research project and the role of histone modifications. Dr Wang led several research projects, published articles and participated in editing the medical textbook Molecular Genetics of the Tumour Cell. After receiving her Master of Science degree, she returned to clinical medicine, working as an attending oncologist at YinZhou Peoples Hospital Ningbo City. She relocated to Australia in 2011 to pursue research and has been published widely and has featured on national media in Australia and overseas.

A/Professor Kylie O’Brien
BScOptom  BAppSci(Optom)  MPh  MHM  MPH (Chinese Medicine), Grad Cert.Terr Ed
A/Professor Kylie O’Brien has been graduating from the University of Sydney, Australia and before changing to Chinese Medicine (CM). In research, she has sought to scrutinise CM, and conducted the world’s first comprehensive research into the reliability of its diagnostic system. Kyle is an experienced educator, having developed the curricula for three Master degrees in CM in Australia.

Professor John Murtagh
MBBS  MMed  MBBS  MD  DipObstRACOG  FRACOG
Emeritus Professor of General Practice, Monash University; Professorial Fellow and Dept of General Practice, Melbourne University; Adjunct Clinical Professor, Graduate School of Medicine, University Notre Dame, WA. He is Senior Examiner, Aust Medical Council consultant to Global Family Doctor and Locum. Ireland (Ireland) and member of Medical Panels, Victoria. Author of highly acclaimed text books including General Practice, Practice Tips, Patient Education and Cautionary Tales. In 1996 he was awarded the Member of the Order of Australia for services to medical education, research & publishing.

Professor Ian Wallace
MD  PHD  MBBS  FRANZCO  FASSA  RG5
Patron of NIIM, Prof Wallace is former Vice-Chancellor, Swinburne University. During the last 30 years he returned to clinical medicine, working as an attending oncologist at YinZhou Peoples Hospital Ningbo City. She relocated to Australia in 2011 to pursue research and has been published widely and has featured on national media in Australia and overseas.

Professor Luis Vitetta
Dr Luis Vitetta is the Director of Medical Research at Medibad, a Biotech company; Adjunct Professor University of Sydney, Medical School in Pharmacology; Former Director and Associate Director Centre for Integrative Clinical and Molecular Medicine, University of Queensland, School of Medicine. Prof Vitetta has research interests in the human microbiome, immune function, molecular nutrition and mind-body medicine.

A/Professor Karin Ried
PhD  MSI  QHP  Cert.Integr.Med
Director of Research at NIIM, with over 15 years experience in medical and public health research including nutritional medicine, cardiovascular, cancer and women’s health. Karin has a PhD and Masters Degree from the University of Heidelberg, Germany, Dept of Human Molecular Genetics. She holds an Honorary Adjunct A/Prof position at Bond University, QLD; and is Honorary Visiting Research Fellow at the University of Adelaide, SA. Her research has been published widely and has featured on national media in Australia and overseas.

Dr Fiona Enkelmann
MBBS  FRACP  MHPHT  MThy.
An Integrative GP, Fiona’s approach instills hope and courage, motivating her patients to achieve a healthy, joy-filled and soul driven life. She completed a Masters of Public Health with Distinction, training in Environmental and Nutritional medicine and has worked in a variety of settings including Africa, Nepal and Australia Indigenous communities. Fiona incorporates this experience with her skills as a meditation teacher and has effectively and holistically treat the cause of her patients’ illness.

Dr Peter Eng
MBBS  FACM
In his general practice, Peter specialises in nutritional protocols for the prevention and treatment of diseases based on studies published in scientific and medical journals and likewise adjuvant protocols for cancer treatment, including cancer genetic profiling and as well as mutations. In 2008 he appeared on behalf of ACHM into use of complementary medicine in cancer treatment at the Senate enquiry in Canberra.

Dr Ian Dettman
BSc(Hons)  PhD  GradDip.Integr.Med  GradDip.Integr.Med
Following Pharmacy, Ian gained qualifications and experience in Microbiology, Genetics & Haematology. A registered Pathologist, he also has a Research position at The University of Sydney, Sydney Medical School. Senior Scientist at Medlab Clinical in Sydney, she manages all aspects of drug and probiotic formulation development and supervises research projects and publications undertaken at Medlab. She is both a National and International Presenter at conferences in the human microbiome and its interaction with the human host.

Dr Chris Darby
MBChB
A holistic dentist, Dr Chris graduated from the University of Melbourne in 1984. He is the founder of LifeWay Dental Group, with special interests in TMD, non extraction orthodontics, sleep apnoea and working with special needs children. A member of ACNEM, Chris will head up Dentistry early in 2016 providing safe mercury dental filling removal, general dental services and innovative orthodontic services.

Dr Samantha Coulson
BHNSc  GMCsComm  AdDip.Nutrition  Dip.GCE
Samantha holds a PhD in Medicine from The University of Queensland, School of Medicine and holds an Honorary Senior Research position at The University of Sydney, Sydney Medical School. Senior Scientist at Medlab Clinical in Sydney, she manages all aspects of drug and probiotic formulation development and supervises research projects and publications undertaken at Medlab. She is both a National and International Presenter at conferences in the human microbiome and its interaction with the human host.

Dr Chris Cocos
BSc  Honours  MPhil  MPsych
An adult psychiatrist for over 16 years in a variety of settings including public, private, forensic, inpatient and community. He has special interest in holistic medicine, nutrition, personality disorder (better termed Complex Trauma) and the psychotherapies. Chris considers the education of the basics of mental health, mental illness and paths to healing, is one of his life’s purposes.

Dr Simon Armstrong
BSc(Optom)  MGCsOptom
Having graduated from the Osteopathic Medicine School, Victoria University, Simon has worked to integrate natural therapy into his practice to achieve an effective method of complimentary manual medicine. Osteopath with the NIIM Clinic, Simon is a recognised leader in the field of integrative manual medicine with his expertise in conventional and complementary manual therapy in musculoskeletal medicine.

PROFESSIONAL DEVELOPMENT FOR HEALTH PROFESSIONALS

Certificates of Attendance:
Issued upon request to attendees for you to claim CPD points from your respective professional associations.

RACGP Q&CPD Points:
This activity has not been allocated RACGP Q&CPD points. However, the RACGP recommends the educational learning value of various activities. To claim for points, GPs are welcome to self-record this activity using the RACGP Q&CPD online services. Please contact your respective State or Territory office for assistance.
PROGRAM

8.30 - 9.00  REGISTRATION
Session One
9.00 - 10.45  PLENARY
Dr Valerie Malka  Convenor - Welcome
Dr Fiona Enkelmann  Short Meditation
Prof John Murtagh AM  Opening Address
Prof Avni Sali  Food: the Good, the Bad and the Ugly
A/Prof Karin Ried  Innovative testing for Lyme, Cancer & other diseases
Dr Chris Darby  Healthy Mouth, Healthy Life - Learn optimal health with Integrative Dentistry

10.45 - 11.15  MORNING TEA

Session Two
11.15 - 12.45  PLENARY
A/Prof Felice Jacka  Inflammation, the Microbiome & Brain: Diet as a prevention strategy in early life
Prof Luis Vitetta  Gut Function & Chronic Kidney Disease
Dr Michelle Woolhouse  Is Science destroying Wisdom?

12.45 - 2.00  LUNCH
12.50 or 1.15  OPTIONAL ACTIVITY
15min Stretching Exercises with Dr Simon Armstrong, Osteopath

Session Three
2.00 - 2.45  PANEL DISCUSSION
Prof Avni Sali
Prof Luis Vitetta
A/Prof Felice Jacka
The Gut Microbiome, Functional Foods & Mood Disorders

Session Four
2.50 - 3.30  CONCURRENT WORKSHOPS
Dr Helena Popovic  NeuroSlimming - Let your Brain change your Body
Dr Chris Corcos  Mental Health - What it is & How to get there
A/Prof Kylie O’Brien  Integrative Chinese Medicine - Tradition & Science

3.30 - 4.00  AFTERNOON TEA

Session Five
4.00 - 4.40  CONCURRENT WORKSHOPS
Dr Peter Eng  Hyperthermia & IV Therapy for Cancer
Dr Ian Dettman
Dr Michelle Wang
Dr Fiona Enkelmann  Wisdom vs Knowledge: An essential ingredient for patients & self care
Dr Samantha Coulson  Neonatal & Infant Development: the influence of bacteria

Session Six
4.45 - 6.00  PLENARY
Dr Helena Popovic  Boost your Brain & Defy Dementia
Discussion Forum  Interactive Q&A Session addressed to speakers
Prof Iain Wallace  Official Close

6.00 - 7.00  COCKTAIL RECEPTION

REGISTRATION FORM AND TAX INVOICE
Complete this form and return with full payment to: NIIM, 11-23 Burwood Rd, Hawthorn VIC 3122
T 03 9804 0646  F 03 9804 0513  E accounts@niim.com.au  ABN 150 95 139 209  www.niim.com.au

Title  ………………………………………. Given Name  ………………………………………. Surname  ……………………………………….
Organisation / Company  …………………………………………………………………………………………………………
Address  ……………………………………………………………………………………………………………………………….
Tel  ………………………….. Fax  ………………………….. Mob  ………………………….. Email  …………………………..

SPECIAL REQUIREMENTS Do you have any special needs? (ie wheelchair access / dietary requirements)

NIIM One-Day Symposium  Saturday 28 November 2015  Includes all Sessions, Morning/Afternoon Tea, Lunch and Cocktail Party (GST Inclusive)
REGISTRATION FEE $195  FULL TIME STUDENT CONCESSION $150  A copy of Full Time Student ID is required for discount

Total Payment $……………………….. by crossed cheque  ………………………….. Payable to ‘National Institute of Integrative Medicine’
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The National Institute of Integrative Medicine (NIIM)
A not-for-profit charitable organisation, NIIM was established by Professor Avni Sali, a pioneer of Integrative Medicine in Australia with the help of community supporters. Our mission is to educate healthcare professionals and the general public in Integrative Medicine, and to conduct research into integrative medical treatments and technologies.

Our in-house NIIM Clinic provides the community with access to integrative medical doctors, complementary healthcare practitioners and innovative therapies under one roof.

Working together with a network of national and international partners, NIIM is dedicated to establishing a strong evidence-base for effective treatments and specialist technologies. These innovations which are accessible at the NIIM Clinic increase screening and treatment options for patients with chronic illnesses and can significantly improve patient outcomes.

The Institute works to raise awareness of the role of Integrative Medicine in medical practice and public health. This is achieved through community campaigns, professional education, free public lectures and the media.

At NIIM, we empower people to take control of their health

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