

3 DAY PARASITOLOGY PROFILE [2015]

The kit will contain an extra two brown top jars, so you will have a total of 1 x white top jar and 3 x brown top jars.

Stool samples need to be **collected on 3 separate and consecutive days** (suggest beginning collection on Saturday to Monday).

Day 1 sample: Collect the samples (1 x white jar and 1 x brown jar) as per the previous instructions above.
Label as 'Day 1' specimen.

Day 2 sample: Collect a sample into the second brown top Container.
Label as 'Day 2' specimen.

Day 3 sample: Collect a sample into the third brown top Container.
Label as 'Day 3' specimen.

Complete the request form details including the credit card payments section and place the completed request form into the other unsealed section of the specimen transport bag.

Place this bag into the provided reply paid envelope and Express Post back to NutriPATH as soon as possible.

Thank you for your request, Results will be forwarded to your referring practitioner between 7 to 14 working days, depending on the analyses requested.

CDSA Stool

Collection Instructions

COLLECTION REQUIREMENTS

If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service on 1300 688 522 who will clearly explain the procedure.

Before proceeding, please check the following guidelines.
Without taking these precautions your results may be inaccurate.

IMPORTANT NOTES

- **DO NOT discard the fluid in the brown top tube.**
- **AVOID contact of the fluid in the tubes with your eyes or skin (wash area thoroughly if this occurs).**
- **DO NOT inhale or ingest the fluid in the tubes.**
- **Keep out of reach of children.**
- **2 weeks before the test**, cease taking antibiotics and antifungal drugs, unless instructed otherwise by your practitioner.
- **3 days before the test**, cease taking oral castor oil, probiotics, laxatives, aspirin or ibuprofen. Also cease taking all gut associated supplements like pre- and probiotics, digestive enzymes, detox/liver herbs and minerals, amino acids unless instructed otherwise by your practitioner.
- **2 days before the test**, follow your normal diet, including the following foods if possible: meat, fish, poultry, vegetables (raw and cooked), carbohydrates (potatoes, rice, pasta, bread), fats (butter, margarine, oils). If you do not eat some of these foods, you can still do the test. Vegetarians and vegans should eat their normal diet.

CDSA STOOL

COLLECTION KIT

If you are under the care of a health care practitioner, testing should be professionally requested and interpreted. Patient self-request tests are not intended for the purpose of diagnosing illness or disease, but for monitoring of dietary and lifestyle changes.

KIT CONTENTS

Check contents of kit. If items are missing OR you have any questions regarding this kit, please contact Customer Service on 1300 688 522.

1 x disposable collection tray	1 x Specimen transport bag
1 x disposable latex glove	1 x Padded post envelope
1 x SAF tube (brown top)	1 x Request form
2 x C&S tube (white top)	1 x Collection instructions

SPECIMEN COLLECTION

1. **Collect and send specimen on Monday to Wednesday ONLY.**
2. In the morning of the collection, put latex glove on, then pass urine into the toilet if necessary.
3. Pass stool onto the collection tray without contaminating it with urine.
4. Open the 2x white top tubes. Use the scoop in the lids to collect several portions of stool from areas of different colour or texture, including any visible blood or pus. Add stool into each white top jar until it is **3/4 full** then close the lid tightly.

5. Open the brown top tube. Use the scoop in its lid to collect several portions of stool from areas of different colour or texture, including any visible blood or pus. Add them to the brown top tube until it is **half full** then close the lid tightly.
6. Label each tube with patient's full name, date of birth and date of collection.
7. Put the 3 labelled containers into the re-sealable section of the specimen transport bag.
8. Flush the unused stool down the toilet and dispose of the collection tray and glove.
9. Complete the request form details, including the credit card payments section, and place the completed request form into the other unsealed section of the specimen transport bag.
10. Complete the "NutriPATH Patient Checklist Form" to ensure no delays in test results.
11. Place this bag into the provided reply paid envelope and Express Post back to NutriPATH as soon as possible on the same day.

Thank you for your request, Results will be forwarded to your referring practitioner between 7 to 14 working days, depending on the analyses requested.

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