

BLOOD SPECIMEN CARDIOVASCULAR PROFILE

SST, EDTA, Na Cit., Fl. Ox. & Homocysteine

Collection Instructions

COLLECTION REQUIREMENTS

If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service on 1300 688 522 who will clearly explain the procedure.

Before proceeding, please read and follow all instructions carefully.

- This is a **FASTING BLOOD TEST**, Patient will require to FAST OVERNIGHT prior to having the blood samples collected.
- Collect blood samples on a MONDAY, TUESDAY OR WEDNESDAY ONLY.

KIT CONTENTS

Check contents of kit. If items are missing OR you have any questions regarding this kit, please contact Customer Service on 1300 688 522.

- 1 x 10ml SST (Gel) Vacutainer (gold top)
- 1 x 5ml EDTA Vacutainer (mauve top)
- 1 x 5ml Homocysteine Vacutainer (white top)
- 1 x 5ml Sodium Citrate Vacutainer (light blue top)
- 1 x 5ml Fluoride Oxalate Vacutainer (grey top)
- 1 x Cardboard transport cylinder
- 1 x Specimen transport bag
- 1 x Request form

PO Box 442, Ashburton, VIC, 3147

SPECIMEN COLLECTION

1. NutriPATH has blood collection arrangements in place with the following laboratories in each state:

ACT	Capital Pathology
NSW	Douglass Hanly Moir Pathology
QLD	QML Pathology
SA	Clinpath Pathology
TAS	Hobart or Launceston Pathology
VIC	Melbourne Pathology
WA	Clinipath Pathology

List of local collection centres is located on www.sonichealthcare.com

Please note blood collection fee of \$33.00 will apply for all collections.

PRACTITIONER INFORMATION:

2. Give the patient a completed NutriPATH Integrative Pathology request form and **SST Vacutainer tube (gold top), EDTA Vacutainer tube (mauve top), Sodium Citrate Vacutainer tube (light blue top) and Fluoride Oxalate Vacutainer Tube (grey top)** with transport cylinder **OR** a NutriPATH Integrative Medicine Test Kit.

You must write on the request slip:

'Please on-refer all samples for all testing to NutriPATH, Melbourne'

3. The client will then go to the nearest pathology collection centre or pathology laboratory (as above) and have their blood sample collected.

PATHOLOGY COLLECTOR INSTRUCTIONS STEPS 4-7:

4. The pathology collector **must collect 4 FULL VIALS** of blood with the vacutainers that have been provided in the NutriPATH collection kit. The following blood tubes will need to be collected: 1x **SST**, 1x**EDTA**, 1x**Sodium Citrate** and 1x **FL.OX**.
5. The SST tube and EDTA tube will need to be centrifuged. After centrifugation, The **SST** is ok as is. The **EDTA** plasma must then be carefully poured into the Homocysteine collection tube (white cap).
6. The pathology collector must hand all specimens over to the patient after they have been collected.
7. Place the five (5) Vacutainer tubes into the re-sealable section of the specimen transport bag and then place into the inner plastic transport cylinder.

PATIENT INFORMATION STEPS 8-10:

8. Ensure that all sections of the NutriPATH request form are Complete. This includes (patient name, date of birth, residential address, credit card details **AND DATE OF COLLECTION**).
9. Complete the NutriPATH 'Patient Checklist Form' to avoid any delays in test results.
10. Place All paperwork in the inner plastic transport cylinder and then into the cardboard Express Post cylinder and post to NutriPATH.

Thank you for your request, Results will be forwarded to your referring practitioner between 7 to 14 working days, depending on the analyses requested.