

GASTRIN

Collection Instructions

COLLECTION REQUIREMENTS

If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service on 1300 688 522 who will clearly explain the procedure.

Before proceeding, please read and follow all instructions carefully. Without taking these precautions your results may be inaccurate.

IMPORTANT NOTES

- This is a **FASTING** test. The evening before collecting the sample, start fasting from 8.00pm. **NO food and only water to drink.**
- **DO NOT** drink alcohol for 24 hours before the test.
- **DO NOT** consume chewing gum, caffeine eg. Coffee, tea, colas, energy drinks or smoke cigarettes for 4 hours before the test.
- **AVOID** taking acid-reducing medicines (H₂ antagonists, proton pump inhibitors) **4 hours before the test:** e.g. **Nexium, Zantac, Somac, Pariet, Zoton, Losec, Pepcid, Prilosec, Quikeze, Mylanta, Rennie** etc. Consult your practitioner if you have any queries regarding your medications.

KIT CONTENTS

Check contents of kit. If items are missing OR you have any questions regarding this kit, please contact Customer Service on 1300 688 522.

1 x 10ml SST (Gel) Vacutainer (gold top)
1 x Cardboard transport cylinder

1 x Specimen transport bag
1 x Request form

PO Box 442, Ashburton, VIC, 3147



GASTRIN

SPECIMEN COLLECTION

1. NutriPATH has blood collection arrangements in place with the following laboratories in each state:

ACT	Capital Pathology
NSW	Douglass Hanly Moir Pathology
QLD	QML Pathology
SA	Clinpath Pathology
TAS	Hobart or Launceston Pathology
VIC	Melbourne Pathology
WA	Clinipath Pathology

A list of local collection centres can be located on
www.sonichealthcare.com.au

Please note blood collection fee of \$33.00 will apply for all collections.

PRACTITIONER INFORMATION:

2. Give the patient a NutriPATH Integrative Pathology request form and **SST Vacutainer tube (gold top)** with transport cylinder OR a NutriPATH Integrative Medicine Test Kit.

You must write on the request slip:

'Please on-refer all samples for all testing to NutriPATH, Melbourne'.

3. The client will then go to the nearest pathology collection centre or pathology laboratory (as above) and have their blood sample collected.

COLLECTION KIT



PATHOLOGY COLLECTOR INSTRUCTIONS STEPS 4-6:

4. The pathology collector must collect FULL VIALS of blood that has been provided in the NutriPATH collection kit. The blood MUST be collected using the tubes provided inside this collection kit. SST tubes should be centrifuged, where possible.
5. The pathology collector must hand all specimens over to the patient after they have been collected.
6. If one Vacutainer is collected, place it directly into the inner plastic transport cylinder.

PATIENT INFORMATION STEPS 7-9:

7. Ensure that all sections on the NutriPATH request form are completely filled out. This includes (patient name, date of birth, residential address, credit card details and test analysis/required).
8. Complete the NutriPATH 'Patient checklist form' prior to sending the samples back to the laboratory to ensure no delays in test results.
9. Place all paperwork into the cardboard transport cylinder neatly which should be surrounding the blood specimen tube in the plastic container
10. Seal the container and transport the samples to your nearest Australia Post outlet or yellow express post bin.

DO NOT REMOVE ANY BARCODES FROM THE TRANSPORTATION CYLINDER, IF YOU WISH TO TRACK YOUR SAMPLE PLEASE NOTE IT DOWN.

Thank you for your request, Results will be forwarded to your referring practitioner between 7 to 14 working days, depending on the analyses requested.