

BLOOD SPECIMEN

Moulds/Biotoxins

VIC,QLD,NSW,WA,TAS,

Collection Instructions

COLLECTION REQUIREMENTS

If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service on 1300 688 522 who will clearly explain the procedure.

Before proceeding, please read and follow all instructions carefully.

Please Note:

- 1. These specimens require shipment with Dry Ice.***
- 2. Blood Collections for this test should be performed on a Monday, Tuesday or Wednesday ONLY.***

KIT CONTENTS

Check contents of kit. If items are missing OR you have any questions regarding this kit, please contact Customer Service on 1300 688 522.

- 1 x 10ml SST Gel Vacutainer (Yellow Cap)
- 1 x 4ml EDTA Vacutainer (Purple Cap)
- 1 x 4ml Citrate Vacutainer (Light Blue Cap)
- 2 x 5ml Aliquot tubes
- 1 x Specimen transport bag
- 1 x NutriPATH Request form
- 1 x Collection centre Pathology Collection form

**SPECIMEN COLLECTION**

1. NutriPATH has blood collection and dry ice arrangements in place with the following laboratories in each state:

NSW	Douglass Hanly Moir Pathology
VIC	Melbourne Pathology
QLD	QML
TAS	Hobart Pathology
WA	Clinipath Pathology

PRACTITIONER INFORMATION:

2. Give the patient a NutriPATH Integrative Pathology request form and this NutriPATH Integrative Medicine Moulds/Biotoxins Test Kit.

You must write on the request slip:
'Please on-refer all samples for all testing to NutriPATH, Melbourne

PATIENT INFORMATION STEPS 3-5 (Follow Carefully):

3. Ensure that the NutriPATH request form is completely filled out. This includes credit card details, patient information, practitioner details and the test requested/required.
4. Email NutriPATH the day before the blood collection at info@nutripath.com.au stating the following details: the collection centre that you will be attending, your name, surname, telephone number and referring practitioner.
5. On the day of your blood collection, attend the pathology collection centre as early as possible in the morning (With your blood collection kit) to have the blood specimens collected.

PATHOLOGY COLLECTOR INSTRUCTIONS STEPS 6-11:

6. Please Pre-Chill ALL collection/Aliquot tubes before collecting the blood samples.
The pathology collector must **collect the following 3 FULL VIALS:**
1 x SST Gel Tube, 1 x 4ml EDTA tube, 1 x 4ml Citrate tube.
7. ALL 3 tubes must be centrifuged IMMEDIATELY after blood collection.
DO NOT wait the usual 10 minutes for clotting to occur.
After centrifugation, the SST Gel tube is OK as is.
8. After centrifugation, the clear plasma from the **EDTA tube** needs to be carefully poured off into the chilled aliquot tube labeled **"EDTA plasma"** which is attached with an elastic band.
9. After centrifugation, the clear plasma from the **Citrate tube** needs to be carefully poured off into the chilled aliquot tube labeled **"Citrate plasma"** which is attached with an elastic band.
10. Place all specimens in the re-sealable section of the specimen bag and Wrap tightly with all paper work included in the pocket of the Biohazard specimen bag.
11. Place the samples in the freezer immediately until courier arrives with dry ice.

PLEASE ONFORWARD THIS TEST ON DRY ICE TO NUTRIPATH MELBOURNE