

# BLOOD SPECIMEN

## **Moulds/Biotoxins**

SA/ACT

## Collection Instructions

### COLLECTION REQUIREMENTS

If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service on 1300 688 522 who will clearly explain the procedure.

**Before proceeding, please read and follow all instructions carefully.**

### **Please Note:**

- 1. These specimens require shipment with Dry Ice.***
- 2. Blood Collections for this test should be performed on a Monday, Tuesday or Wednesday ONLY.***

### KIT CONTENTS

Check contents of kit. If items are missing OR you have any questions regarding this kit, please contact Customer Service on 1300 688 522.

- 1 x 10ml SST Gel Vacutainer (Yellow Cap)
- 1 x 4ml EDTA Vacutainer (Purple Cap)
- 1 x 4ml Citrate Vacutainer (Light Blue Cap)
- 2 x 5ml Aliquot tubes
- 1 x Specimen transport bag
- 1 x NutriPATH Request form
- 1 x Collection centre Pathology Collection form

**SPECIMEN COLLECTION**

- NutriPATH has blood collection arrangements in place with the following laboratories in each state:

SA	Clinpath
ACT	Capital Pathology

**PRACTITIONER INFORMATION:**

- Give the patient a NutriPATH Integrative Pathology request form and this NutriPATH Integrative Medicine Moulds/Biotoxins Test Kit.

**You must write on the request slip:**

***'Please on-refer all samples for all testing to NutriPATH, Melbourne***

**PATIENT INFORMATION STEPS 3-5 (Follow Carefully):**

- Ensure that the NutriPATH request form is completely filled out. This includes credit card details, patient information details, practitioner details and the test requested.
- 2 days** prior to attending the blood collection centre you must email NutriPATH at [info@nutripath.com.au](mailto:info@nutripath.com.au) the following details:
  - Full name, residential address and best contact number.
  - Date you are attending the collection centre for blood collection
  - Test Requested.

NutriPATH will confirm with you by replying the confirmation details for a pick up on the day of blood collection that has been provided in the email.

- On the day of your blood collection, attend the pathology collection centre as early as possible in the morning (With your blood collection kit) to have the blood specimens collected.

**PATHOLOGY COLLECTOR INSTRUCTIONS STEPS 6-11:**

- Please Pre-Chill ALL collection/Aliquot tubes before collecting the blood samples.  
The pathology collector must **collect the following 3 FULL VIALS; 1 x SST Gel Tube, 1 x 4ml EDTA tube, 1 x 4ml Citrate tube.**
- ALL 3 tubes must be centrifuged IMMEDIATELY after blood collection. DO NOT wait the usual 10 minutes for clotting to occur.  
After centrifugation, the SST Gel tube is OK as is.
- After centrifugation, the clear plasma from the **Citrate** needs to be carefully poured off into the chilled aliquot tube labeled "**Citrate plasma**" which is attached with an elastic band.
- After centrifugation, the clear plasma from the **EDTA tube** needs to be carefully poured off into the chilled aliquot tube labeled "**EDTA plasma**" which is attached with an elastic band.
- The pathology collector should hand these 3 specimens (**SST Gel tube, EDTA Plasma, Citrate Plasma**) over to the patient after they have been collected.
- Place all specimens in the re-sealable section of the specimen bag and Wrap tightly with all paper work included in the pocket of the Biohazard specimen bag.

**PATIENT INFORMATION STEP 12:**

- Immediately after the blood has been collected, place ALL blood specimens with paperwork into the freezer until the courier (Logical Freight Solutions) arrives to collect the samples with dry ice.