

**3**



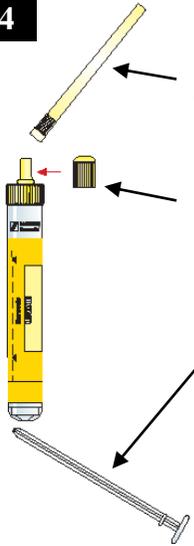
Then, to empty the aspiration tip, hold the urine monovette in an upright vertical position and draw the piston rod in a downward direction until it locks into base.

← **Piston**

**5**

Complete details on adhesive sticker (full name and date of birth). Place sticker on monovette. Place urine monovette into re-sealable section of specimen transport bag and seal.

**4**



Remove the aspiration tip.

Replace **yellow** stopper.

Snap off the piston rod and discard.

# SPOT URINE AND BLOOD Collection Instructions

## COLLECTION REQUIREMENTS

If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service Staff on 1300 688 522 who will clearly explain the procedure.

## KIT CONTENTS

Check contents of kit. If items are missing OR you have any questions regarding this kit, please contact Customer Service on 1300 688 522.

1 x EDTA Vacutainer (purple top)  
1 x Cardboard transport cylinder  
1 x Urine monovette (yellow)

1 x Request form  
1 x Collection instructions  
1 x 50ml screw-cap container  
1 x Specimen transport bag  
1 x Adhesive label for

## SPOT URINE SPECIMEN COLLECTION

- 1 Collect your first morning urine into the 50ml screw-capped container.
- 2 Assemble the yellow urine monovette as per the diagram on the following pages. Collect 10mls of urine from the 50ml container and seal the urine monovette as shown.
- 3 Complete the patient's details (full name and date of birth) on the adhesive sticker provided and place the sticker on the monovette.

**BLOOD SPECIMEN COLLECTION**

1. NutriPATH has blood collection arrangements in place with the following laboratories in each state:

ACT	Capital Pathology
NSW	Douglass Hanly Moir Pathology
QLD	QML Pathology
SA	Clinpath Pathology
TAS	Hobart or Launceston Pathology
VIC	Melbourne Pathology
WA	Clinipath Pathology

A list of local collection centres can be located at

[www.sonichealthcare.com.au](http://www.sonichealthcare.com.au)

2. The client will go to the nearest pathology collection centre or pathology laboratory and have their blood samples collected.
3. The pathology collector should hand back all specimens over to the patient after they have been collected. All samples should be labelled with the patient's details (full name and date of birth).
4. Place the blood sample and the urine monovette in the re-sealable section of the Specimen transport bag and close the bag by press-sealing the bag removing any air pockets that may form in the bag as you seal it.
5. Complete all sections of the patient details section on the request form provided.

**COLLECTION KIT**

6. Place the request slip into the open pocket of the specimen transport bag.
7. Place the specimen Bag into the inner plastic transport cylinder. Cap the outer transport cylinder with the red plastic plug and express post back to NutriPATH as soon as possible.

*Thank you for your request, Results will be forwarded to your referring practitioner between 12- 14 working days, depending on the analyses requested.*

**URINE MONOVETTE COLLECTION INSTRUCTIONS**