

M.A.P

Metabolic Analysis Profile

Collection Instructions

COLLECTION REQUIREMENTS

If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service on 1300 688 522 who will clearly explain the procedure.

IMPORTANT NOTES

AVOID the following foods 48 hours prior to collecting the sample:

- Alcohol, coffee, tea, caffeinated drinks, fruit juices;
- Avocado, bananas, chocolate, cocoa, cheese, citrus fruits, grapes, kiwifruit, pineapple, plums, tomatoes; Walnuts, pecans and vanilla.

Consult with your healthcare practitioner beforehand as to the requirement to withhold taking prescriptive pharmaceuticals prior to collecting a sample.

KIT CONTENTS

Please check the contents of this kit. If items are missing OR you have any questions regarding this kit, please contact our Customer Service on 1300 688 522.

1 x 50ml Urine Collection Cup	1 x TNT Satchel/Consignment note
1 x 15ml Blue-Cap Amber Tube	1 x Request form
1 x 3ml Transfer pipette	1 x Adhesive stickers
1 x Specimen transport bag	1 x Collection instructions



NutriPATH

Metabolic Analysis Profile

COLLECTION KIT



NutriPATH

If you are under the care of a health care practitioner, testing should be professionally requested and interpreted. Patient self-request tests are not intended for the purpose of diagnosing illness or disease, but for monitoring of dietary and lifestyle changes.

SPECIMEN COLLECTION-MONDAY OR TUESDAY COLLECTION ONLY

1. The night before collecting your urine sample, freeze the ice pack.
2. Collect your first morning urine into the 50ml urine collection cup
3. Use the 3ml transfer pipette to transfer 12ml of urine from the collection cup to the Blue-Cap Amber tube.
4. Re-cap the Blue-Cap Amber tube and shake the tube to ensure the urine is mixed well.
5. Label the Blue-Cap Amber tube with patient full name and date of birth.
6. Place the Blue-Cap Amber tube into the specimen bag and freeze until ready to be collected via TNT Express.
7. Discard the remaining urine and the 50ml Urine collection cup.
8. Sign and date the TNT consignment note. DO NOT alter any of the other consignment note details. Call TNT on 13 11 50 and listen to the service options.
9. Press 1 for “Domestic Express Services”
10. “To book a collection” Press 1.
11. After the automated operator stops speaking say “HELP” to be through Connected to a customer service member.
12. The operator will ask for the service type which is “Overnight Express”.
13. Account number to be charged is 30004851- NutriPATH Pathology

14. Provide the operator with your pick up details e.g. Address etc.

15. The description of goods is “medical kit” NON Dangerous.

‘Thank you for your request, Results will be forwarded to your referring practitioner between 14-16 working days, depending on the analyses’