

10. Label the tube with your first name and surname, D.O.B, and date of collection, then put it into Bag 2.
11. Ensure that the NutriPATH request form is completely filled out. This includes (patient name, D.O.B, residential address, telephone number and payment details). Put the completed request form into the unsealed section of Bag 2.
12. Complete the NutriPATH 'Patient Checklist Form' to ensure no delays in test results.
13. Place Bags 1 and 2 into the padded envelope, seal it and post back to NutriPATH as soon as possible.

Thank you for your request, Results will be forwarded to your referring practitioner between 7 to 14 working days, depending on the analyses requested.

LIVER DETOXIFICATION PROFILE Collection Instructions

COLLECTION REQUIREMENTS

If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service on 1300 688 522 who will clearly explain the procedure.

Before proceeding, please check the following guidelines. Please read ALL instructions. Without taking these precautions your results may be inaccurate.

IMPORTANT NOTES

- **DO NOT discard the fluid (chlorhexidine) in the collapsible bag.**
- **AVOID contact of the fluid in the bag with your eyes or skin (wash area thoroughly if occurs).**
- **DO NOT inhale or ingest the fluid in the bag.**
- **Keep out of reach of children.**

Prior to collecting the samples AVOID the following for 48 hours:

- **Alcohol, coffee, tea, cocoa, chocolate, cola soft drinks, caffeine containing energy drinks.**
- **Apricots, peaches, cherries, plums, avocado, berries (blackcurrant, blueberry, cranberry etc), grapefruit or grapefruit juice, dried fruit, licorice, aniseed, peppermint (gum, lollies, mints) or spices.**
- **Aspirin and Paracetamol (except the tablets given in this kit).**
- **Medications containing caffeine or salicylates.**

If you are under the care of a healthcare practitioner, testing should be professionally requested and interpreted. Patient self-request tests are not intended for the purpose of diagnosing illness or disease, but for monitoring of dietary and lifestyle changes.

