

Place all specimens in the re-sealable section of the specimen bag.

Place the original request form and a copy of the corporate blood collection form in the non-sealable section of the transport bag.

Place collection kit in the freezer until dry ice arrives.

Collection centre is to forward this package to main lab (send-aways) as per corporate collection form.

**PLEASE ONFORWARD THIS TEST TO NutriPATH PATHOLOGY ON DRY ICE**

*“Results will be forwarded to your referring practitioner between 7 to 14 working days, depending on the analyses requested”*

# BLOOD SPECIMEN

## **Moulds/Biotoxins**

VIC,QLD,NSW,WA,TAS,NT

## Collection Instructions

### COLLECTION REQUIREMENTS

If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service on 1300 688 522 who will clearly explain the procedure.

### IMPORTANT NOTES

- **Before proceeding, please read and follow all instructions carefully.**
- **Please fast for at least 8-10 hours prior to sample collection.**
- **Collect the sample on either a Monday Tuesday or Wednesday.**

### KIT CONTENTS

Check contents of kit. If items are missing OR you have any questions regarding this kit, please contact Customer Service on 1300 688 522.

- 1 x EDTA (purple top)
- 1 x CITRATE (light blue top)
- 1 x SST 8ml (yellow top)
- 2 x Aliquot tubes 5ml
- 1 x Specimen transport bag
- 1 x Request form
- 1 x Corporate blood form
- 2 x 3ml transfer pipette

**PO Box 442, Ashburton, VIC, 3147**



**SPECIMEN COLLECTION**

NutriPATH has blood collection and dry ice arrangements in place with the following laboratories in each state:

- ACT Capital Pathology
- NSW Douglass Hanly Moir Pathology
- QLD QML Pathology
- SA Clinpath Pathology
- TAS Hobart or Launceston Pathology
- VIC Melbourne Pathology
- WA Clinipath Pathology
- NT Western Diagnostics

A list of local collection centres can be located via the NutriPATH webpage.

For a complete list of blood collection sites, visit [www.nutripath.com.au](http://www.nutripath.com.au)

- Click on 'I am a Patient'
- Click on 'Collection Centres Australia Wide'
- Select your State
- Search for your location via postcode or suburb

The pathology collection centre **SHOULD NOT** charge you for a blood collection fee as NutriPATH hold a corporate collection account.

**PRACTITIONER INSTRUCTIONS:**

Give the patient a completed NutriPATH request form and **MOULDS BIOTOXINS** NutriPATH test kit.

**You must write on the request slip:**

***'Please on-refer all samples on DRY ICE to NutriPATH, Melbourne'.***

The client will go to the nearest pathology collection centre or pathology laboratory (as above) to have their blood sample collected.

Advise the patient that they will need to fast for a minimum of 8-10 hours prior to sample collection.

**PATIENT INFORMATION INSTRUCTIONS:**

Ensure that your original NutriPATH request form issued by your healthcare practitioner is completely filled out. This includes verification of correct patient information, practitioner details, test analysis/required and payment details.

For tracking purposes of your sample, email NutriPATH the night before at [customersupport@nutripath.com.au](mailto:customersupport@nutripath.com.au) stating the following information:

- Patient name
- Practitioner name
- Patient telephone number
- Test Required/Requested
- Collection centre that you will be attending

Attend the pathology collection centre fasting 8-10 hours as early as possible in the morning (with your blood collection kit) to have the blood specimens taken.

**PATHOLOGY COLLECTOR INSTRUCTIONS:**

**Ensure the patient has fasted for at least 8-10 hours prior to collection**

The pathology collector must **collect the following:**

**3 FULL VIALS -1 x SST tube, 1 x 4ml EDTA tube & 1x Citrate**

**ALL tubes must be centrifuged before proceeding.**

After centrifugation, the clear serum from the **SST tube** needs to carefully be transferred with the 3ml pipette into the 5ml aliquot tube labelled '**SST serum**' which is attached with an elastic band.

After centrifugation, the clear plasma from the **EDTA tube** needs to be carefully transferred with the 3ml pipette into the into the 5ml aliquot tube labelled '**EDTA plasma**' which is attached with an elastic band.  
**(Avoid transferring red cells)**

After centrifugation, the clear plasma from the **Citrate tube** needs to be carefully transferred with the 3ml pipette into the 5ml aliquot tube labelled '**Citrate plasma**' which is attached with an elastic band.  
**(Avoid transferring red cells)**