



15. Place the cardboard cylinder into the TNT satchel.
16. Sign and date the TNT consignment note. **DO NOT** alter any of the other consignment note details. Call TNT on 13 11 50 and listen to the service options.
17. Press 1 for “Domestic Express services”
18. “To book a collection” Press 1.
19. After the automated operator stops speaking say “**HELP**” to be through connected to a customer service member.
20. The operator will ask for the service type which is “**Overnight express**”.
21. Account number to be charged is **30004851**- NutriPATH Pathology
22. Provide the operator with your pick up details e.g. Address etc.
23. The description of goods is “medical kit” NON Dangerous.

***Results will be forwarded to your referring practitioner between 10 to 14 working days, depending on the analyses requested.***



## RGCC CIRCULATING TUMOUR CELLS Collection Instructions

### COLLECTION REQUIREMENTS

If you are uncertain of the collection procedure after reading these instructions, please contact our Customer Service Staff on 1300 688 522 who will clearly explain the procedure.

### **IMPORTANT PRE-COLLECTION INFORMATION**

**Please note that this test relies on using live blood cells for performing the analysis. Ensuring that these collection instructions are followed accurately will ensure that you receive accurate and meaningful results.**

- **If the patient has undergone chemotherapy treatment, then the collection of blood should only occur 7 days after the last chemotherapy.**
- **The clear liquid in the 50ml conical tube should NOT be discarded as it is a preservative to stabilize the blood sample.**

### KIT CONTENTS

Check contents of kit. If items are missing OR you have any questions regarding this kit, please contact Customer Service on 1300 688 522.

- |   |                                  |
|---|----------------------------------|
| 1 x 50ml conical tube with preservative | 1x RGCC Patient Checklist        |
| 1 x RGCC Request/Consent Form           | 1 x Cardboard transport cylinder |
| 1 x Collection instructions             | 1 x TNT freight satchel          |
| 1 x Specimen transport bag              | 3 x sheets absorbent paper       |

**16 Harker Street, Burwood, Vic, 3125.**



# RGCC CTCs BLOOD COLLECTION KIT



## PRE-SPECIMEN COLLECTION INSTRUCTIONS STEPS 1-3:

1. Organise to have the sample collected as **early in the day as possible on a Monday or Thursday ONLY**. **PLEASE NOTE: DO NOT** collect blood on the day prior to a public holiday as this may delay transit times back to the laboratory.
2. Ensure that your original RGCC medical consent form has been thoroughly completed by your healthcare practitioner. This includes the following requirements:
  - **Page 1:** Patient information and test required.
  - **Page 2:** Medical status, medical record and family history.
  - **Page 3:** Signed by **BOTH patient and treating practitioner.**
3. Contact Life Screen our affiliated home collection agency on 1800 686 000 and arrange a collection time and date. Ensure that the collection time is on a **Monday or Thursday morning ONLY**. If the patient resides in a remote area that Lifescreen is unable to service, the patient should then contact NutriPATH on: **1300 688 522** to organise other collection arrangements.

## PATIENT INSTRUCTIONS STEPS 4-5

4. On the day of blood collection, ensure that you are well hydrated with water.
5. Prior to the blood draw, have the Lifescreen pathology collector read through instructions 6-9 in order to be familiar with the required procedure, before collecting the blood specimens.

## LIFESCREEN COLLECTION INSTRUCTIONS STEPS 6-9

6. The pathology collector **MUST** collect a minimum amount of **25-30ml** using the 50ml conical tube with preservative provided in the NutriPATH collection kit.
7. After the blood has been collected into the 50ml conical tube with preservative, please ensure it is thoroughly mixed by gentle inversion/rolling 5-6times.
8. All samples should be labeled with patient details such as: (full name, date of birth and type of cancer).
9. The pathology collector should hand all specimens over to the patient after they have been collected.

## PATIENT INSTRUCTIONS STEPS 10-23

10. Wrap the blood sample with the 3 sheets of absorbent paper towel provided.
11. Place the wrapped specimen into the re-sealable section of the specimen transport bag.
12. Place the completed RGCC Medical Consent form with all other paperwork in the non-sealable section of the specimen transport bag.
13. Insert the specimen bag into the plastic inner container of the transport cylinder and screw the cap on tight.
14. Place the plastic inner container into the outer cardboard container.