



Dr Test Doctor (Test Doctor) Test Clinic. 123 Test Street, Test Suburb Victoria 3125

Lab ID
Patient ID P000061
Ext ID 26114-0268

Test Patient
Sex: Male • 56yrs • 01-Jan-70
123 Home Street, Test Suburb VIC 3125

RECEIVED
24-Apr-26

FAECAL OCCULT BLOOD

Specimen type - Stool, Spot

Collected

10-Jan-25

SERVICE	RESULT	H/L
Stool Form	Semiformed	
Faecal Occult Blood	POSITIVE	

Faecal Occult Blood Comment

SEMI-FORMED STOOL:

A SEMI-FORMED stool specimen classified as Type 4 on the Bristol Stool Chart is generally considered optimal, indicating balanced gut motility, adequate hydration, and sufficient dietary fibre intake. This stool consistency is often associated with efficient digestion, proper colonic function, and microbial stability. However, while Type 4 stools typically suggest gastrointestinal homeostasis, they do not always correlate with a healthy gut microbiome. Pathogenic bacteria, viral infections, parasitic infestations, or gut dysbiosis may still be present, even in well-formed stools. Clinical recommendations include maintaining a fiber-rich diet with prebiotic and probiotic sources, ensuring consistent hydration, and promoting gut microbial diversity through fermented foods or supplementation.

COMMENT:

Faecal occult blood has been detected in this specimen. The presence of blood in the stool may be the result of several causes besides colorectal bleeding, including hemorrhoids or gastrointestinal infection. Results should be considered with other clinical information available to the physician.

Please note: A positive result indicates that the sample likely contains a human haemoglobin concentration $\geq 20\text{ng/ml}$ (Limit of detection).

Methodology

Automated Chemistry/Immunochemistry