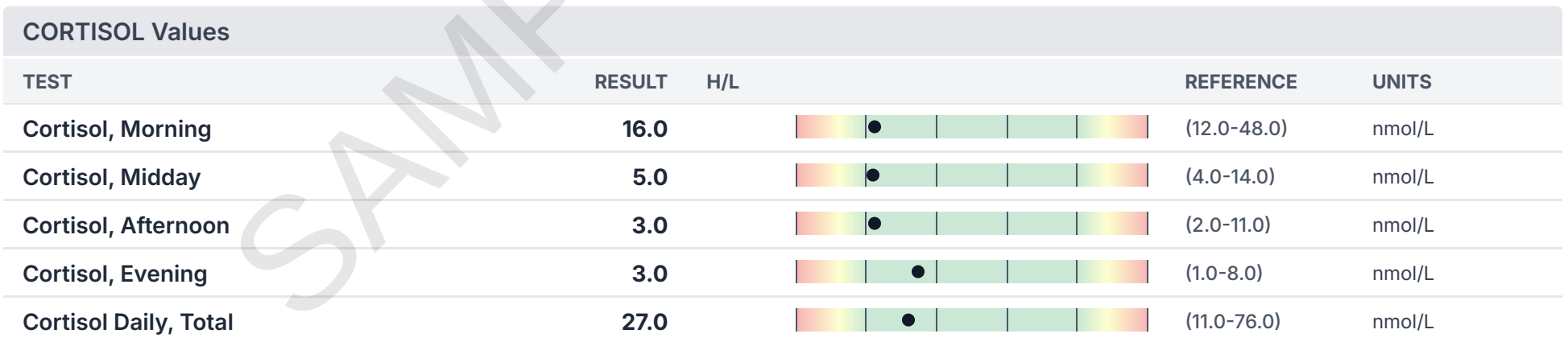
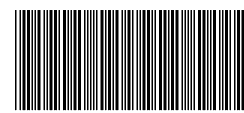


RECEIVED
08-Dec-25

05-Dec-25 08:10am, 11:50am, 04:05pm, 08:05pm





Dr Test Doctor NutriPath. 16 Harker Street, Burwood VIC 3125

Lab ID
Patient ID PAT-100009
Ext ID 25342-0302

Test Patient

Sex: Male • 45yrs • 01-Jan-80
123 Home Street, Test Suburb Vic 3125

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08-Dec-25

Adrenocortex Stress Comments

LOW NORMAL MORNING SALIVA CORTISOL LEVEL:

Saliva morning cortisol level is below mean range and suggestive of adrenal insufficiency. This suggests a degree of adrenal hypofunction, maladaptation/abnormal pacing with abnormal HPA. If all four cortisol readings are also low, suspect adrenal fatigue.

Suggest supplementation with DHEA and standard adrenal support. Investigate melatonin and GABA levels.

LOW/LOW NORMAL MIDDAY CORTISOL LEVEL:

Midday Cortisol level is below mean range and suggestive of adrenal insufficiency. This suggests suboptimal adrenal functioning, and if accompanied by low evening cortisol and low DHEA, suspect adrenal fatigue.

Suggest supplementation with DHEA and standard adrenal support.

LOW/LOW NORMAL LATE AFTERNOON CORTISOL LEVEL:

Late afternoon cortisol level is below mean range and suggestive of adrenal insufficiency. This suggests suboptimal adrenal functioning, and if accompanied by low evening cortisol and low DHEA, suspect adrenal fatigue.

Suggest supplementation with DHEA and standard adrenal support.

CORTISOLS SUMMARY:

Cortisol concentrations are within the expected reference range across all four collection points, indicating a normal diurnal rhythm. Results should be interpreted in the context of clinical history, reported symptoms, and other endocrine markers, with consideration of the expected optimal cortisol output pattern.

Methodology

Automated Chemistry/Immunochemistry