



Dr Test Doctor NutriPath. 16 Harker Street, Burwood VIC 3125

Lab ID Patient ID PAT-100009 **Ext ID** 25011-0005

Test Patient

Sex: Female • 45yrs • 01-Jan-80 123 Home Street, Test Suburb Vic 3125 RECEIVED 11-Jan-25

Pancreatic Elastase 1	Collected
Specimen type - Stool, Spot	05-Jan-25
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SERVICE	RESULT	H/L	REFERENCE	UNITS
Pancreatic Elastase 1	150	L	(>200)	ug/g

GIT Digestion Comment

MODERATE EXOCRINE PANCREATIC INSUFFICIENCY (100-200 ug/g):

A faecal pancreatic elastase level between 100–200 ug/g is suggestive of moderate pancreatic insufficiency.

This intermediate result indicates a reduction in pancreatic enzyme output, which may be sufficient to cause mild to moderate fat malabsorption and gastrointestinal symptoms such as steatorrhea, bloating, or weight loss. Common causes of moderate PEI include chronic pancreatitis, type 1 and advanced type 2 diabetes mellitus, coeliac disease, inflammatory bowel disease, and pancreatic neoplasms.

Repeat testing and correlation with clinical symptoms is recommended.

Methodology

Chemiluminescence Immunoassay (CLIA)