SECRETORY IgA (SALIVA) - Test Code 3007

🕐 Turnaround Time : 3-5 business days

🧪 Specimen Type: 1 x 5ml saliva tube

Description

The Secretory IgA (sIgA) test is a saliva-based test designed to assess levels of secretory immunoglobulin A, an antibody that plays a crucial role in the body's immune response within the mucous membranes. Secretory IgA is the immune system's first line of defence, especially in protecting the gastrointestinal and respiratory tracts from infections by binding to and neutralising pathogens (Li et al., 2020). Testing sIgA levels can provide valuable insights into the immune health of the mucosal barriers, which can be affected by factors such as chronic stress, infections, or gut imbalances.

This test may be particularly useful for individuals experiencing recurrent infections, digestive discomfort, or food sensitivities, as low sIgA levels may indicate weakened immune protection, while elevated levels could reflect ongoing immune activation or infection (Li et al., 2020). By measuring sIgA, healthcare providers can identify potential immune deficiencies and guide appropriate interventions to support mucosal immunity and overall well-being.

Regular assessment of sIgA is valuable for monitoring immune health, particularly in people managing chronic conditions, stress, or other factors that impact immune resilience, thus promoting a proactive approach to maintaining optimal health.

What's included?

- Secretory IgA

Conditions and Symptoms

- Food sensitivities
- Frequent infections
- Diarrhoea or constipation
- Bloating and gas
- Chronic fatigue
- Autoimmune flare-ups
- Anxiety and mood disturbances

Complementary Testing

- Adrenocortex Profile Basic (Test code 1001)
- Thyroid Profile - Extensive (Test code 1114)

Accreditations Include:

- NATA ISO 15189 – Requirements for Quality and Competence in Medical Laboratories*
- CLIA – Clinical Laboratories Improvement Amendments*