



FEMALE HORMONE PROFILE BASIC - Test Code 1005



Turnaround Time: 3-5 business days



Specimen Type: 1 x 5ml
Saliva

Description

The Female Hormone Profile Basic provides a detailed analysis of key hormones collected during the mid-luteal phase of the menstrual cycle. Hormones such as oestrogen and progesterone play a pivotal role in regulating the menstrual cycle, ensuring ovulation and preparing the uterus for potential pregnancy. These hormones also influence metabolism, mood, and overall reproductive health (Sundström-Poromaa et al., 2020).

Imbalances in hormonal levels can contribute to various health issues, including menstrual irregularities, fertility challenges, and chronic conditions such as osteoporosis and Alzheimer's (Valencia-Olvera et al., 2023). This profile is particularly valuable for women facing reproductive health concerns, as it helps in diagnosing and managing conditions such as polycystic ovary syndrome (PCOS), endometriosis, menopause, and oestrogen dominance (Sundström-Poromaa et al., 2020).

By measuring hormone levels at a critical point in the menstrual cycle, this test offers insights into hormonal health. In contrast to serum measurements, which usually reflect both bound and unbound hormones, salivary samples only detect the free (unbound), biologically active hormones.

Whats included?

- DHEAS
- E1, E2, E3
- Progesterone
- Testosterone
- Ratios

Conditions and Symptoms

- Insomnia or sleep disturbances
- Depression or mood swings
- Fatigue
- Hair thinning and loss
- Weight gain and decreased muscle tone
- Memory loss or foggy thinking
- Menstrual irregularities
- Hot flashes or night sweats

Complementary Testing

- Cortisol Profile (Test code 1003)
- Thyroid Profile - Extensive (Test code 1114)

Accreditations Include:

- NATA ISO 15189 – Requirements for Quality and Competence in Medical Laboratories*
- CLIA – Clinical Laboratories Improvement Amendments*



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*See NATA and CLIA website for further details