



MALE HORMONE PROFILE BASIC - Test Code 1007



Turnaround Time: 3-5 business days



Specimen Type: 1 x 5ml
Saliva

Description

As men age, testosterone levels naturally decline, decreasing by approximately 10% per decade from the age of 30. This gradual reduction, referred to as andropause or androgen deficiency in aging males (ADAM), can result in a variety of health challenges (Ashghali-Farahani et al., 2021). Common symptoms of ADAM include reduced muscle mass, decreased bone mineral density (BMD), increased risk of cardiovascular diseases, lowered libido, depression, and a general decline in overall wellbeing (Ashghali-Farahani et al., 2021).

In addition to monitoring testosterone levels, assessing oestrogen in men is crucial, as imbalances can contribute to conditions such as gynecomastia, increased fat deposition, and cardiovascular risks (Ashghali-Farahani et al., 2021). Early recognition of these hormonal imbalances through appropriate testing is vital for timely intervention and improved health outcomes.

While serum tests measure both bound and unbound hormones, salivary testing focuses solely on the free, biologically active hormones, offering a more precise understanding of hormone activity within the body.

Whats included?

- DHEAS
- E1, E2
- Testosterone

Conditions and Symptoms

- Depression and other mood disorders
- Low muscle tone & muscle aches
- Low libido
- Fatigue
- Obesity
- Poor memory
- Thinning skin and hair loss
- General aches & pains

Complementary Testing

- Cortisol Profile (Test code 1003)
- Thyroid Profile - Extensive (Test code 1114)

Accreditations Include:

- NATA ISO 15189 – Requirements for Quality and Competence in Medical Laboratories*
- CLIA – Clinical Laboratories Improvement Amendments*



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*See NATA and CLIA website for further details