







### ENDOCRINOLOGY SALIVA

SALIVA	Result	Range	Units	
<b>Male Hormone Profile-Basic</b>				
DHEAS.	2.7 *L	4.0 - 30.0	nmol/L	
Testosterone.	160.0	155.0 - 620.0	pmol/L	
Estradiol (E2)	12.0 *H	2.7 - 11.0	pmol/L	
Estrone (E1)	47.0	7.7 - 50.0	pmol/L	

#### Saliva Hormone Comments

\*\* PLEASE NOTE NEW REFERENCE RANGES AS OF 20.08.2021 \*\*

SALIVA E1 level is within range for a male, indicating minimal aromatisation of androgens to E1.

#### ELEVATED E2 LEVEL:

Saliva E2 level is elevated for a male and suggestive of aromatisation of androgens to estrogens. Suggest using 5% transdermal Chrysin and / or 50mg Zinc.

#### LOW DHEAS LEVEL:

Saliva DHEAS level is below the mean range and suggestive of the need for supplementation with 50mg of DHEA. Maladaptation if consistently elevated cortisol. Adrenal fatigue if morning and evening cortisol only elevated, or if all markers low.

#### LOW TESTOSTERONE LEVEL:

Saliva Free testosterone levels are low and suggestive of the need for supplementation with 5% transdermal testosterone.



P: 1300 688 522  
E: info@nutripath.com.au

**Dr.SAMPLE REPORT**  
**TEST HEALTH CENTRE**  
**123 TEST STREET**  
**BURWOOD VIC 3125**

# **SAMPLE REPORT**

**01-Jan-1990      Male**

**16 HARKER STREET**  
**BURWOOD VIC 3125**

**LAB ID :                    3814055**  
**UR NO. :**  
**Collection Date : 09-May-2022**  
**Received Date:09-May-2022**



**3814055**

Tests ordered: 1007

(\*) Result outside normal reference range

(H) Result is above upper limit of reference rang (L) Result is below lower limit of reference range