



FAECAL OCCULT BLOOD - Test Code 2020



Turnaround Time: 2 business days



Specimen Type: Stool Kit

Description

A faecal occult blood test (FOB) is designed to identify trace amounts of blood in the stool, often so minuscule that it is undetectable through standard visual inspection (Kaur et al., 2023). This test may help detect the presence of certain diseases at an early stage. Individuals with a family history of colorectal cancer or those who suspect blood in their stool are strongly advised to undergo this testing (Kaur et al., 2023).

There are primarily two types of tests utilised for faecal occult blood analysis. The first is a chemical test that relies on a chemical reaction to haem, a component of haemoglobin found in red blood cells. The second type is an immunological test that employs antibodies specifically designed to detect haemoglobin. At NutriPATH, both testing methods are utilised to ensure comprehensive evaluation.

The FOB test is crucial for detecting underlying health issues, such as colorectal cancer or gastrointestinal bleeding (Kaur et al., 2023). If the test yields a positive result, it typically necessitates further investigation to determine the cause of the bleeding and to evaluate the health of the colon (American Cancer Society, 2023). Regular screening with FOB testing can facilitate early diagnosis and improve treatment outcomes.

Whats included?

• Faecal Occult Blood (FOB)

Conditions and Symptoms

- Digestive complaints
- Flatulence & bloating
- Abdominal pain
- Diarrhoea & constipation
- Inflammatory bowel disease (IBD)
- Peptic Ulcers
- Diverticulitis
- Colorectal cancer

Complementary Testing

- Calprotectin (Test code 2001)
- Faecal DNA Multiplex PCR (Test code 2002)
- CDSA Level 1 (Test code 2003)
- Iron Studies (Test code 6009)

Accreditations Include:

- NATA ISO 15189 Requirements for Quality and Competence in Medical Laboratories*
- CLIA Clinical Laboratories Improvement Amendments*





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