



SAMPLE REPORT

09-May-1990 Female

16 HARKER STREET
BURWOOD VIC 3125

P: 1300 688 522
E: info@nutripath.com.au

Dr.SAMPLE REPORT
TEST HEALTH CENTRE
123 TEST STREET
BURWOOD VIC 3125

LAB ID : 3814115
UR NO. :
Collection Date : 09-May-2022
Received Date:09-May-2022



3814115

GENOMIC_ASSESSMENTS

STOOL, SPOT	Result	Range	Units
Faecal Zonulin	110.0 *H	0.0 - 107.0	ng/g



GIT Markers Comment

ELEVATED ZONULIN LEVELS:

Zonulin is a protein that modulates intestinal barrier function. Zonulin release facilitates the opening of tight junctions between the cells of the intestinal lining to allow for passage of nutrients and fluids into the body. However, Zonulin release can be "overstimulated" by certain external factors to cause excessive opening of tight junctions, leading to intestinal hyperpermeability or "leaky gut", inflammation, liver overload, nutrient deficiencies, rheumatoid arthritis and autoimmune disorders.

Identify the possible cause/s (Gut microorganism imbalance or the presence of dietary Gluten/gliadin) and remove to reduce further damage.

If it's gluten for gluten sensitivity or celiac disease, remove gluten.

If bacterial overgrowth or dysbiosis, treat the bacterial overgrowth.

Treatment:

Firstly, fix the gut. Treat/repair the gut before proceeding with other protocols; nutrients and other supplements can be damaging to the system if they get out of the gut

Follow a grain - free diet for at least 12 months.

Eliminate gluten, sugar, processed food, artificial flavorings, colors, trans fats.

Supplementation:

Caprylic acid, Probiotics, acidophylis and B complex, fish oil, Magnesium D3, CoQ10, Mg Citrate, Boswellia & Curcumin, Milk Thistle, Selenium

For patients with chronic digestive issue: Vitamin A, L-Glutamine, Probiotics

Further investigations to consider:

- SIBO Breath Test,
- IgG or IgA 96 Food Sensitivity

Tests ordered: IMPEI,Faezonulin

(*) Result outside normal reference range

(H) Result is above upper limit of reference rang