



IgE FOOD ALLERGIES - Test Code 3202, 3203, 3208



Turnaround Time : 12-15 Business Days



Specimen Type: SST Blood

Description

The IgE Food Allergies Test measures the levels of Immunoglobulin E (IgE) antibodies in response to specific foods. This test is essential for identifying food allergies, which can trigger immediate and potentially severe reactions, including hives, swelling, difficulty breathing, gastrointestinal distress and even anaphylaxis (Vitte et al., 2022). Unlike food sensitivities that may cause delayed symptoms, IgE-mediated reactions typically occur within minutes to a few hours after exposure to the allergen (Vitte et al., 2022).

The IgE Food Allergies Test assesses the body's immune response to a range of common allergens, including peanuts, tree nuts, shellfish, eggs, milk, wheat, and soy. Identifying specific food allergies is crucial for developing effective management strategies, such as dietary modifications and emergency action plans.

For individuals with a history of allergic reactions or unexplained symptoms after eating, this test provides valuable information to help guide clinical decisions. Collaborating with a healthcare professional, patients can use the results to make informed choices about their diet and lifestyle, ultimately reducing the risk of allergic reactions and improving their quality of life.

Test Options

- 3202- IgE Foods Panel (27 Foods)
- 3208- IgE Inhalants Panel (50 Inhalants)
- 3203- IgE Moulds Panel (15 Moulds)

*Scan the QR code for the full list of foods

Conditions and Symptoms

- Hives
- Swelling
- Nausea and vomiting
- Diarrhoea
- Itchy mouth or throat
- Difficulty breathing
- Anaphylaxis
- Fatigue or weakness

Complementary Testing

- IgG & IgA Combination Panel (Test code 3217)
- MCAS Profile (Test code 3409)

Accreditations Include:

- NATA ISO 15189 – Requirements for Quality and Competence in Medical Laboratories*
- CLIA – Clinical Laboratories Improvement Amendments*



info@nutripath.com.au



1300 688 522



www.nutripath.com.au

For more information
scan the QR code



*See NATA and CLIA website for further details