



IgG, IgA & IgE COMBINATION - Test Code 3211, 9927



Turnaround Time :12-15 Business Days



Specimen Type: 2x SST Blood

Description

The IgG, IgA & IgE Combination Food Panels are comprehensive tests designed to evaluate immune responses to a wide array of foods. By measuring three types of antibodies—Immunoglobulin G (IgG), Immunoglobulin A (IgA), and Immunoglobulin E (IgE)—this panel provides a thorough assessment of food sensitivities and allergies, helping to identify potential triggers for various health issues (Shamji et al., 2021).

IgE is associated with immediate allergic reactions and is typically elevated in cases of food allergies, which can cause symptoms such as hives, swelling, or gastrointestinal distress shortly after consumption. Conversely, IgG and IgA reflect delayed immune responses, with IgG being linked to chronic food sensitivities that may manifest over time, such as digestive discomfort, fatigue, or skin conditions (Shamji et al., 2021). Elevated IgA levels can indicate ongoing immune activity in the gastrointestinal tract, suggesting an immune response to specific food proteins.

This combination panel allows healthcare providers to develop a comprehensive understanding of a patient's food reactions, facilitating personalised dietary recommendations. It is essential for individuals experiencing unexplained symptoms to consult with a healthcare professional to interpret test results accurately and create an effective management plan for optimal health and wellbeing.

Test Options

- 3211- IgG 96 Foods & IgE 27 Foods
- 9927- IgG 96 Foods + IgA 96 Foods + IgE 27 Foods

*Scan QR code for the full list of foods

Conditions and Symptoms

- Rashes, eczema, or hives
- Headaches or migraines
- Diarrhoea or constipation
- Bloating and swelling
- Difficulty breathing
- Abdominal discomfort
- Chronic sinusitis

Complementary Testing

- Advanced Microbiome Mapping (Test code 2211)
- MCAS Profile (Test code 3409)

Accreditations Include:

- NATA ISO 15189 – Requirements for Quality and Competence in Medical Laboratories*
- CLIA – Clinical Laboratories Improvement Amendments*



info@nutripath.com.au



1300 688 522



www.nutripath.com.au

For more information
scan the QR code



*See NATA and CLIA website for further details