



MARCONS BACTERIAL CULTURE - Test Code 3404



Turnaround Time: 5-7 business days



Specimen Type: Nasal Swab

Description

Multiple Antibiotic-Resistant Coagulase Negative Staphylococci (MARCoNS) are a group of bacteria that typically colonise the deep nasal passages and are resistant to several antibiotics (Marincola et al., 2021). This resistance makes MARCoNS infections difficult to treat and may contribute to various health issues. These bacteria can acquire resistance genes and adapt to different environments, which allows them to persist even in the presence of antibiotics. Despite their slow growth, MARCoNS have been linked to chronic fatigue, hormonal imbalances and systemic health issues (Marincola et al., 2021).

Bacterial culture testing is crucial for identifying MARCoNS, especially when patients are immunocompromised, or have a history of frequent antibiotic use. This test cultures bacteria from nasal swab samples to identify MARCoNS and other microbial pathogens. It provides valuable information that helps healthcare providers tailor treatment options to effectively address bacterial infections.

Whats included?

- Investigate the presence of Multi Antibiotic Resistant Coagulase Negative Staphylococci, as well as a broad variety of commensal bacteria and potential bacterial pathogens.

Conditions and Symptoms

- Chronic sinusitis or rhinitis
- Respiratory issues
- Mould exposure
- Chronic health issues
- Chronic fatigue
- Hormonal imbalances
- Frequent antibiotic use
- Immunocompromised

Complementary Testing

- ALCAT Intolerance Test - Moulds (Test code 3308)
- Mycotoxin Panel (Test code 3413)

Accreditations Include:

- NATA ISO 15189 – Requirements for Quality and Competence in Medical Laboratories*
- CLIA – Clinical Laboratories Improvement Amendments*



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