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Dr.SAMPLE REPORT TEST HEALTH CENTRE 123 TEST STREET BURWOOD VIC 3125

SAMPLE REPORT 09-May-1990 Female

16 HARKER STREET BURWOOD VIC 3125

LAB ID: 3814074

UR NO.:

Collection Date: 09-May-2022 Received Date:09-May-2022



3814074

| ENDOCRINOLOGY | | | | | | | |
|--------------------------------|-----------------|---------------|--------|--|--|--|--|
| BLOOD - SERUM | Result | Range | Units | | | | |
| THYROID FUNCTION ASSESSMENT | | | | | | | |
| TSH | 1.67 | 0.50 - 5.00 | mIU/L | | | | |
| FREE T4 | 15.0 | 11.0 - 21.0 | pmol/L | | | | |
| FREE T3 | 4.1 | 3.1 - 6.0 | pmol/L | | | | |
| Reverse T3 | <i>592.0</i> *H | 230.0 - 540.0 | pmol/L | | | | |
| FT3: Reverse T3 Ratio (X 100) | <i>0.693</i> *L | 1.200 - 2.200 | | | | | |

There are differing views regarding reference ranges of TSH. New reference ranges using populations without thyroid disease suggest that the optimal TSH range for thyroid function should be $0.5-2.0 \mathrm{mIU/L}$. However it should be noted that this laboratory shall continue to report a normal reference range of $0.5-5.0 \mathrm{mIU/L}$.

FREE T4 and FREE T3

THYROID TEST COMMENTS

Free T4 and T3 represent bioactive portion of thyroid hormone. The test results can identify functional or subclinical hyper- and hypothyroidism and overt hypo- and hyperthyroidism. T4 converts to active T3 or inactive rT3.

REVERSE T3 levels can increase when peripheral conversion of T4 to active T3 is impaired. Peripheral thyroid imbalances may arise from nutrient deficiencies, heavy metal exposure, adrenal stress, enzyme deficiencies, and chronic illnesses.

ELEVATED REVERSE T3 LEVEL:

A high or high normal rT3 level may inhibit the action of T3.

Elevated rT3 may therefore lead to symptoms of hypothyroidism even if levels of TSH, T4 & T3 are adequate.

THYROID AUTO-Abs

| THYROID PEROXIDASE Ab. | <i>53.0</i> *H 0.0 - 35.0 | IU/mL | • |
|------------------------|---------------------------|-------|---|
| ANTITHYROGLOBULIN Ab. | 38.0 0.0 - 115 | IU/mL | • |
| TSH RECEPTOR AB | <1.0 0.0 - 2.9 | | |