



MY DNA COMPREHENSIVE HEALTH REPORT - Test Code 8009



Turnaround Time: 21-24 business days



Specimen Type: My DNA Swab

Description

The myDNA Comprehensive Health Report is designed to give personalised insights into your health by analysing key genetic markers that can influence how your body functions. This report is based on the relationship between nutrient and genes, also known as nutrigenomics (Micheletti et al., 2023).

By looking at 92 genes and 113 SNPs, this test provides a detailed overview of important areas like metabolism and digestion, methylation, hormones, mental health and cognition, detoxification, immune support, cardiovascular health, inflammation and even athletic performance. The report helps you and your healthcare practitioner understand your genetic strengths and areas where improvement might be needed, allowing for more informed decisions on lifestyle changes or treatments. You'll also receive a customised shopping list tailored to your nutritional needs, and your practitioner can recommend further tests based on your DNA results.

Your privacy is our top priority. We strongly believe that your DNA should remain your personal property. All data is securely stored on encrypted servers, ensuring it cannot be used to identify you. We guarantee that your information will never be shared with third parties without your consent and will have no impact on your insurance policies or premiums.

Whats included?

- This DNA test covers an extensive 92 genes and 113 SNP's across: Digestion, Energy, Hormones, Stress & Cognitive Performance, Methylation, Inflammation, Athletic Performance, DNA Protection & Repair, Detoxification

Conditions and Symptoms

- Methylation issues
- Mental health and cognition
- Cardiovascular disease risk
- Nutrient deficiencies
- Inflammation
- Hormonal issues
- General genetic assessment (preventative health and wellness)

Complementary Testing

- Methylation Profile (Test code 5101)
- Neurotransmitters Advanced (Test code 4036)
- Advanced Hormones Dried Urine (Test code 1501)

Accreditations Include:

- NATA ISO 15189 – Requirements for Quality and Competence in Medical Laboratories*
- CLIA – Clinical Laboratories Improvement Amendments*



info@nutripath.com.au



1300 688 522



www.nutripath.com.au

For more information
scan the QR code



*See NATA and CLIA website for further details