



AUTOIMMUNE ASSESSMENT BASIC - Test Code 3429



Turnaround Time: 5 business days



Specimen Type: 1x SST
Blood

Description

The Autoimmune Assessment Panel is a tool for identifying autoimmune diseases, which occur when the immune system mistakenly attacks the body's own tissues. This panel includes useful markers for assessing autoimmune conditions like rheumatoid arthritis, lupus, and Sjögren's syndrome (Mekic et al., 2020; Yu et al., 2021).

ANA is typically present in conditions such as lupus and other systemic autoimmune disorders (Mekic et al., 2020). Rheumatoid Factor (RF) is commonly elevated in patients with rheumatoid arthritis and can help differentiate it from other types of arthritis (Yu et al., 2021). Anti-CCP antibodies are highly specific for rheumatoid arthritis and can help predict the severity and progression of the disease (Yu et al., 2021).

Symptoms of autoimmune diseases often include joint pain, muscle weakness, fatigue, and skin rashes which can make diagnosis difficult. Early testing through the Autoimmune Assessment Panel is vital, as it helps detect these conditions sooner, leading to earlier management and better long-term outcomes. If you are experiencing unexplained symptoms or have a family history of autoimmune diseases, discuss this test with your healthcare provider.

Whats included?

- Anti-Nuclear Factor (ANA)
- Rheumatoid Factor (RF)
- α -CCP Abs

Conditions and Symptoms

- Autoimmune disease
- Joint pain or swelling
- Fatigue and muscle weakness
- Dry eyes
- Skin rashes
- Fever
- Hair loss Cognitive issues
- Inflammation

Complementary Testing

- Cytokine Panel (Test code 4004)

Accreditations Include:

- NATA ISO 15189 – Requirements for Quality and Competence in Medical Laboratories*
- CLIA – Clinical Laboratories Improvement Amendments*



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*See NATA and CLIA website for further details