



SECRETORY IGA - Test Code 2024



Turnaround Time: 3-5 business days



Specimen Type: Stool Kit

Description

Secretory IgA (sIgA) is an important antibody found in mucosal surfaces, including the gastrointestinal tract, where it serves as the immune system's first line of defence against pathogens, toxins, and allergens (Pietrzak et al., 2020). Testing for sIgA in stool can provide valuable insights into the immune health of the gut, helping to detect potential inflammation, infections, and imbalances in the microbiome. Low levels of sIgA may indicate compromised immune function within the gut, making it more susceptible to infections and inflammatory conditions, whereas elevated levels can point to chronic inflammation or infection (Pietrzak et al., 2020).

This test is particularly beneficial for those experiencing digestive symptoms such as bloating, diarrhoea or food sensitivities and for individuals managing conditions like irritable bowel syndrome (IBS) or inflammatory bowel disease (IBD). A stool sample is collected for the sIgA test, allowing for a non-invasive assessment of gut immunity. Results from sIgA testing can help healthcare providers identify underlying gut-related immune issues and guide appropriate interventions, such as dietary changes, probiotics, or other targeted therapies to restore gut balance and support immune health (Pietrzak et al., 2020).

Whats included?

- Secretory IgA

Conditions and Symptoms

- Food sensitivities
- Frequent infections
- Diarrhoea or constipation
- Bloating and gas
- Chronic fatigue
- Autoimmune flare-ups
- Anxiety and mood disturbances

Complementary Testing

- IgG & IgA General Food Panel (Test code 3217)
- CDSA Level 1 (Test code 2003)

Accreditations Include:

- NATA ISO 15189 – Requirements for Quality and Competence in Medical Laboratories*
- CLIA – Clinical Laboratories Improvement Amendments*



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*See NATA and CLIA website for further details