



## NUTRISTAT - Test Code 5005



Turnaround Time: 21 Business Days



Specimen Type: Blood +  
Spot Urine Kit

## Description

The Nutri-STAT profile is a thorough test designed to help improve your nutritional and metabolic health using a simple blood and urine sample. This profile analyses a wide variety of biomarkers that are essential for understanding your metabolic, thyroid, cardiovascular and hormone health. It provides an in-depth examination of your mineral and metal levels, essential fatty acids, amino acids, organic acids and more.

Due to its comprehensive nature, this profile can be beneficial for individuals with various health conditions as well as those looking to identify specific nutritional needs. The Nutri-STAT report includes a detailed assessment of your overall nutritional status, covering key areas such as cardiovascular health, thyroid function, hormonal balance, vitamins, organic acids, amino acids, essential fatty acids and testing for minerals and metals.

This test is an invaluable tool in helping you and your healthcare provider gain insights into your health, allowing for personalised recommendations and interventions aimed at optimising your nutritional status and overall well-being. By understanding your unique biochemical profile, you can take informed steps towards achieving better health outcomes.

## Whats included?

- Includes a Comprehensive Nutritional Status covering: Cardiovascular, Thyroid, Hormone, Vitamins, Organic Acids, Amino Acids, Essential Fatty Acids and mineral and metal testing.

## Conditions and Symptoms

- Low energy and fatigue
- Cardiovascular conditions
- Fertility and hormone health
- Nutrient deficiency
- Metabolic Syndrome

## Complementary Testing

- Insulin (Test code 6008)
- Complete Microbiome Mapping (Test code 2206)

## Accreditations Include:

- NATA ISO 15189 – Requirements for Quality and Competence in Medical Laboratories\*
- CLIA – Clinical Laboratories Improvement Amendments\*



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For more information  
scan the QR code



\*See NATA and CLIA website for further details