



ANTICARDIOLIPIN ANTIBODIES - Test Code 3406



Turnaround Time : 2 business days



Specimen Type: SST Blood

Description

Anticardiolipin antibodies are autoantibodies associated with blood clotting issues and autoimmune conditions, particularly Antiphospholipid Syndrome (APS), an autoimmune disorder that increases the risk of abnormal blood clots (Thompson et al., 2023). Elevated levels of these antibodies can trigger immune responses that mistakenly target phospholipids, components in cell membranes, leading to blood clots in veins and arteries. This clotting risk can result in serious health complications, including deep vein thrombosis (DVT), strokes, pulmonary embolism, and recurrent miscarriages, often causing concern in individuals with these health issues (Miller & Ahmed, 2022).

Testing for anticardiolipin antibodies is important if you have a history of unexplained blood clots, recurrent pregnancy loss, or autoimmune disorders such as lupus. By detecting high levels of antibodies early, this test allows for prompt management, reducing the risk of severe complications (Jones et al., 2021). Regular monitoring is often advised, as changes in antibody levels can influence clotting risks, making early detection and preventative care crucial for those affected by APS or related conditions.

Whats included?

- Anti-cardiolipin antibody IgG
- Beta-2-Glycoprotein IgG

Conditions and Symptoms

- Antiphospholipid syndrome (APS)
- Autoimmune conditions
- Recurrent miscarriages
- Cardiovascular issues

Complementary Testing

- Cardiovascular Profile Comprehensive 2 (Test code 4027)
- Autoimmune Assessment – Comprehensive (Test code 3431)

Accreditations Include:

- NATA ISO 15189 – Requirements for Quality and Competence in Medical Laboratories*
- CLIA – Clinical Laboratories Improvement Amendments*



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