



FEMALE HORMONE PROFILE (SERUM) - Test Code 1104



Turnaround Time: 2 business days



Specimen Type: 1x SST
Blood

Description

The Female Hormone Profile is a blood test that provides a comprehensive assessment of essential hormones in women, offering valuable insights into hormonal balance and reproductive health. This test is particularly useful for identifying conditions related to hormonal fluctuations, such as menstrual irregularities, fertility issues, and menopause (MacLean & Hayashi, 2022). It can benefit those experiencing fatigue, mood changes, low libido, or unexplained weight changes.

Hormones play a crucial role in various bodily functions, including regulating menstrual cycles, reproductive health, and maintaining bone density and cardiovascular health (MacLean & Hayashi, 2022). Hormonal imbalances can significantly affect overall well-being, making testing essential for early diagnosis and treatment (MacLean & Hayashi, 2022).

By assessing reproductive and androgen hormone levels, the Female Hormone Profile enables healthcare providers to develop personalised treatment plans, improving symptom management and enhancing quality of life.

Whats included?

- E2, FSH, LH, Progesterone, Prolactin, DHEAS, SHBG, Testosterone, Calculated Free Testosterone, Albumin

Conditions and Symptoms

- Insomnia and sleep disturbances
- Depression and irritability
- Fatigue
- Hair thinning and loss
- Weight gain and decreased muscle tone
- Osteoporosis
- Memory loss and foggy thinking
- Cardiovascular disease

Complementary Testing

- Cortisol Profile (Test code 1003)
- Thyroid Profile - Extensive (Test code 1114)

Accreditations Include:

- NATA ISO 15189 – Requirements for Quality and Competence in Medical Laboratories*
- CLIA – Clinical Laboratories Improvement Amendments*



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*See NATA and CLIA website for further details