

Dr Test Doctor NutriPath. 16 Harker Street, Burwood VIC 3125

Lab ID
Patient ID PAT-100009
Ext ID 25342-0301

Test Patient

Sex: Female • 45yrs • 01-Jan-80
123 Home Street, Test Suburb Vic 3125

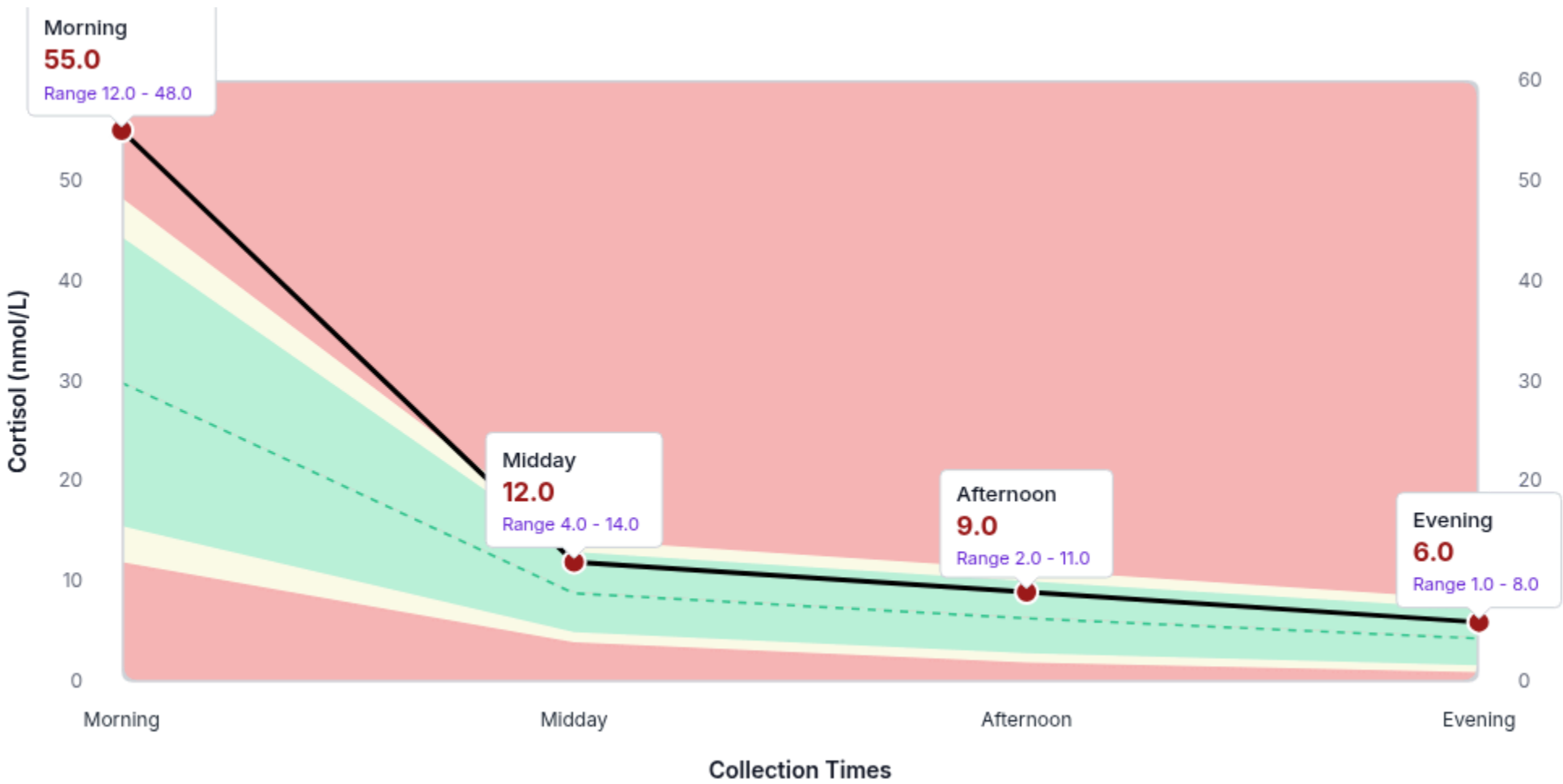
RECEIVED
08-Dec-25

ADRENOCORTEX STRESS PROFILE, Extensive

Specimen type - Saliva

Collected

05-Dec-25 07.40am, 12.00pm, 03.30pm, 07.50pm



CORTISOL Values

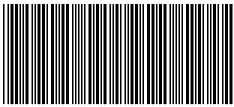
TEST	RESULT	H/L	REFERENCE	UNITS
Cortisol, Morning	55.0	H	(12.0-48.0)	nmol/L
Cortisol, Midday	12.0		(4.0-14.0)	nmol/L
Cortisol, Afternoon	9.0		(2.0-11.0)	nmol/L
Cortisol, Evening	6.0		(1.0-8.0)	nmol/L
Cortisol Daily, Total	82.0	H	(11.0-76.0)	nmol/L

DHEAS Values

TEST	RESULT	H/L	REFERENCE	UNITS
DHEAS, Morning	11.0		(1.8-18.0)	nmol/L
DHEAS/Cortisol AM	0.20		(0.20-0.60)	ratio

Other

TEST	RESULT	H/L	REFERENCE	UNITS
Secretory IgA	155		(102-471)	ug/ml



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Adrenocortex Stress Comments

Cortisol is elevated at the morning sample, with all subsequent results within the reference range. This may represent an exaggerated cortisol awakening response, often associated with acute stress, sleep disturbance, or anxiety. Clinical relevance should be assessed in the context of fatigue, mood changes, or altered sleep quality. Supportive management may include stress reduction strategies and review of sleep hygiene.

SECRETORY IgA NORMAL:

Secretory IgA is within range. Secretory IgA represents the first line of defence of the gastrointestinal mucosa and is central to the normal function of the gastrointestinal tract as an immune barrier. Review this level with other pathogenic bacteria and normal commensal flora. Lower levels within reference range should be interpreted clinically.

Methodology

Automated Chemistry/Immunochemistry, Liquid Chromatography-Mass Spectrometry (LC-MS/MS/MS), Enzyme-Linked Immunosorbent Assay (ELISA)